

RECOGNITION

Session 1: Types of violence

Note: It is expected that typically this session will immediately follow the Introduction section, which will take 15 minutes, during which time the introduction of participants to one another will have been done.

Materials for this session⁴

- Sign-in sheet (will have already been filled out if Introduction preceded immediately)
- Participant Manual, one for each participant
OR copy of Module 1 for each participant (Manual pages 20-29)
- Trainer Notes
- PowerPoint
- Handout
- Participant Evaluation Form #1
- Compilation and Summary of Data Collected with Evaluation Form #1 (for Trainer's Use)

Key points in Module 1

- To prevent violence against older persons, it is important to first be familiar with the various types of violence they experience.
- Knowing these types of violence and being able to recognize them are the first steps in violence prevention.
- In this session, participants will learn about the following nine types of violence inflicted on older persons:
 1. Physical violence
 2. Psychological violence
 3. Emotional violence
 4. Verbal abuse
 5. Sexual violence
 6. Financial abuse

⁴ See pages 28-29 in this Guide for a Training Checklist and a list of materials, supplies and equipment for each training session.

7. Neglect
8. Spiritual or religious violence
9. Cultural violence

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AGENDA

Activity #	Activity	1.5 hour session	Materials
1	<p>Agenda</p> <ul style="list-style-type: none"> • Review Agenda. • If participants do not have the Participant Manual for these training sessions, hand out copies of the Participant Manual or copies of Module 1. 	1 minute	<ul style="list-style-type: none"> • PowerPoint slide 1 • <i>Participant Manual</i> • OR one copy of Module 1 for each participant
2	<p>Learning together</p> <ul style="list-style-type: none"> • Show the slides. Pause after each <i>Type of Violence</i> to ask participants if they have come across this type of violence in their work or interactions with older persons. • Ask participants if they have other examples for each <i>Type</i>, beyond what is shown on the PowerPoint or the handout. • <i>Trainer tip:</i> Your role is not to lecture or teach, but rather to draw out the wisdom, knowledge and diverse experiences that already exist in the group. Try to make this training an interactive 	34 minutes	<ul style="list-style-type: none"> • PowerPoint slides 2-12

	<i>conversation.</i>		
3	<p>Small group activity</p> <ul style="list-style-type: none"> • Divide the participants into small groups of 3-6. • <i>Trainer tip:</i> Try to include people who do not know each other well in each group. • Have all groups read both <i>Stories from the Front Lines</i>. • Ask each group to appoint a recorder and reporter. • Ask each group to find types of violence in the stories. Mention that some forms of violence are obvious, and others are less clear. 	15 minutes	<ul style="list-style-type: none"> • Handout • Flipchart • Markers for each group
4	<p>Reporting back</p> <ul style="list-style-type: none"> • Bring the large group back together. • Ask each group reporter to briefly share her or his group's findings. • Ask for comments from the larger group. • Invite participants to: <ul style="list-style-type: none"> ○ Ask a question ○ Note new learnings ○ Add to a point that was raised ○ Clarify differences. 	15 minutes	<ul style="list-style-type: none"> • Masking tape
5	<p>Wrap-up / Evaluation</p> <ul style="list-style-type: none"> • Distribute <i>Participant Evaluation Form #1</i> and ask participants to 	10 minutes	<ul style="list-style-type: none"> • <i>Participant Evaluation Forms</i>

	<p>complete them.</p> <ul style="list-style-type: none"> • Do a final go-round. Ask participants to briefly share how the session was for them. • Ask them how they will use what they have learned in their work or interactions with older persons. • Thank participants for their input, sharing and time. • Thank the group for being open to new learning on a difficult topic. • Collect completed <i>Participant Evaluation Form #1</i>. 		
	<p><i>Total time</i></p>	<p>75 minutes</p>	<p>Note: Introduction session takes up 15 minutes which brings session 1 to 90 minutes.</p>

IMPORTANT!

After facilitating this session, please complete the form titled **Compilation and Summary of Data Collected with Evaluation Form #1** (page 221). Your feedback will help us keep project materials relevant, useful and up-to-date. Mail or fax within one week of the session to:

Provincial Training Coordinator
 Women’s Policy Office/Violence Prevention Initiative
 Government of Newfoundland and Labrador
 Confederation Building, 4th Floor, West Block
 St. John’s, NL
 A1B 4J6

PHONE: (709) 729-5009
FAX: (709) 729-1418
EMAIL: vpi@gov.nl.ca

RECOGNITION – SESSION 1 HANDOUT

HANDOUT: STORIES FROM THE FRONT LINES

See if you can identify all the various types of violence that might be present in the following scenarios:

Gloria

Gloria, 75, cannot read or write and had been quite dependent on her husband, who recently died. Her son and daughter-in-law have now moved into her home and have taken control of her finances. They neglect to pay her bills in order to purchase things they "need" more. They refuse to assist her with monitoring her blood sugar levels and do not take her to medical appointments. They can go for days without speaking to her.

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Jack

Jack, 83, has been admitted to a long-term care facility. His family comes to visit him often. When they do, they usually ask him for money, saying that they need the funds for food or for their children. There is a history of alcohol abuse in the family. Some family members appear drunk and smell of alcohol when they visit the home. Jack is capable of making his own decisions, but he gives the money to them for fear that they will not visit him.

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